## **GOOD INFLUENCE FILMS PRESENTS**



WWW.INDIGENOUS150PLUS.COM/PODCASTS



@Indigenous150PLUS



@INDG150Plus



@indigenous150plus











## CELEBRATING INDIGENOUS VOICES

We are proud to announce the launch of the Indigenous 150+ podcast series.

For the last 6 months we have been working with 21 youth across the country training them to moderate cross-cultural conversations and in basic podcasting skills. They have learned how to recognize harmful stereotypes and how to address racism. Together they have created 40+ episodes highlighting stories from their communities and interviews with local community leaders, artists and influencers.

## PARTNERS

- RBC Foundation in support of RBC Future Launch
- Inspirit Foundation
- Canada World Youth

#### ACKNOWLEDGMENTS

Good Influence Films would like to acknowledge the traditional territories of the Mississaugas, the Huron Wendat, Anishnaabeg, Métis and other first peoples and their ancestors who now call Tkaronto home, and where we have the privilege to live work and play.

We give our gratitude to One Dish One Mic for helping develop our curriculum and lead our training. Thanks to Nunavut Sivuniksavut for their curriculum support. We also want to acknowledge our partners Canada World Youth, and the generous support of the RBC Foundation in support of RBC Future Launch and Inspirit Foundation - all of whom believed in this project and made it possible.

We acknowledge all First Peoples everywhere and celebrate the reclamation and rise of Indigenous voices around the globe.







## PRESS CONTACT:

Kim Wheeler Publicist kimage.wheeler@gmail.com 204-390-3097



# EPISODE - BE WILLING TO BE UNCOMFORTABLE

What was it like to bring young boys into the world, during a time when it felt so unsafe? Host Raven Richards, Cree mother of three young boys, speaks to award-winning filmmaker Tasha Hubbard about her film; "nîpawistamâsowin: We Will Stand Up", which highlights the impact of the death of Colten Boushie, by a Saskatchewan farmer and his family's fight for justice. Tasha speaks on critical topics including the normalization of racism in Canada, how it affects indigenous parents, and what Tasha hopes for Canadians in the future.

#### HOST - RAVEN SAGE HILLORY RICHARDS



## CREATOR BIO

Tansi! Raven Sage Hillory Richards nitesenekason.

Nina ohci Opaskwayak Cree Nation on the traditional territory of the Swampy Cree in Northern Manitoba. My main interests are social justice, education, community, intersectional feminism and Indigenous motherhood. I am a mother, a partner, a daughter, a sister, and an auntie among other things. I nourish my kinship roles with love, support and responsibility. I am the coordinator for a commemorative project that assists MMIWG/LGBTQ2S families in the Swampy Cree region of Manitoba. I graduated with a Bachelor of Arts degree in Aboriginal and Northern Studies in June of 2016, and subsequently, a Bachelor of Education degree in June of 2018. I taught grade six for a year and wholeheartedly loved contributing to the youth's educational journey. Currently, I am enjoying community work as I am just as passionate about community as I am about education. My plan is to return to teaching once I have completed my term.Since I was a young girl, I have aimed at reclaiming parts of my Cree identity that were generationally lost through colonization. In recent years, I have committed myself to learning Cree culture and language. For example, I made my first ribbon skirt on my own by hand and have begun teaching my sons to speak Cree. My aspirations have been, and continue to be: to raise a healthy family, and to be a part of the healing and cultural reclamation that Indigenous people are currently carrying out across Turtle Island.

GUEST - TASHA HUBBARD



## **GUEST BIO**

Tasha Hubbard (Cree) is an award-winning filmmaker and an Assistant Professor in the University of Saskatchewan's Department of English. Hubbard's most recent win was Best Feature Length documentary at the 2020 Canadian Screen Awards for her latest documentary, nîpawistamâsowin: We Will Stand Up, a personal exploration of the cost of the death of Colten Boushie. She is from Peepeekisis First Nation in Treaty Four Territory and has ties to Thunderchild First Nation in Treaty Six Territory. Hubbard speaks and writes widely on racism and Indigenous media both in Canada and abroad.

#### **Further Episodes:**

Discussing Motherhood, Racism and Indigeneity in Canada /w Alyissa Whitehead Nelson

My Son Doesn't Know the Word Sin /w Sunny Red Bear

Reclaiming Identity: Learning and Teaching w/ Raven Richards

## WHERE TO LISTEN:









## EPISODE - USING HUMOUR FOR HEALING: WRITING WORDS OF WISDOM

Host Kayla Stephens talks with Curve Lake resident and Anishnabee author Drew Hayden Taylor, about how and why he became a writer, top 3 tips for aspiring writers, his writing process and his next big writing dream. All this leads into a good talk about humour and healing and his love of playing with different genres.

#### HOST - KAYLA STEPHENS



## **CREATOR BIO**

Kayla Stephens was born and raised in Clarington, ON, territory of the Haudenosaunee Huron-Wendat Anishinabewaki. I have a degree in environmental management and upgrade my resume with online courses. I was in the Remote Wilderness First Aid + CPR course and Edible Wilds, they were so in depth and interesting Passionate about bringing conservation and Indigenous views into the media. Some of my hobbies are nature hikes, making plant-based food, photography, photo editing, and forensics on true crime shows. I Love designing with light colours. Late spring and early autumn are her favourite times of year..

#### GUEST - DREW HAYDEN TAYLOR



## **GUEST BIO**

Drew Hayden Taylor is Ojibway from the Curve Lake First Nations in Ontario. Performed stand-up comedy at Kennedy Center in Washington D.C, to writing and directing Redskins, Tricksters And Puppy Stew. Co-created Searching For Winnitou. Playwright of Toronto At Dreamer's Rock, Only Drunks And Children Tell The Truth, The Berlin Blues, and Cottagers and Indians. 2007 first Novel, The Night Wanderer. 2010 Motorcycles & Sweetgrass. More recently, science fiction short stories, Take Us To Your Chief And Other Stories. This fall, new novel titled Chasing Painted Horses. Among his non-fiction books, from the four volume set titled Funny, You Don't Look Like One, to Me Funny, Me Sexy, Me Artsy. In 2007 he wrote, In A World Created By A Drunken God.

#### **Further Episodes:**

Indigenous Work: Bridging Gaps w/ Mia Otokiak

Making Films Inspired by Life w/ Filmmaker Spotlight: Shane Belcourt

Internalizing Acceptance, Externalizing Recognition w/ Kayla Stephens

## WHERE TO LISTEN:





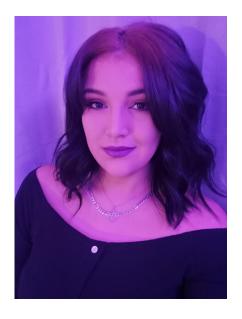




## EPISODE - WOLF LAKE NATION: GHOST TOWN

Host Naomi Robinson talks about the ghost town, Wolf Lake Nation, and the history of its people are discussed through the lens of three generations.

HOST - NAOMI ROBERTSON



**CREATOR BIO** 

Naomi is a right brained 25 year old Algonquin Anishnaabe women from the Abitibi-Temiscainue region. As a hair-stylist, Naomi has an unwavering curiosity for people from all different walks of life and places. In 2018, she participated in an Internship through Canada World Youth where she was able to live and experience Colombia. During this time, Naomi spent time with Indigenous people where she learned valuable lessons about environmental sustainability and the importance of having a strong connection to culture. She saw many parallels to the indigenous here in Canada. Naomi believes that listening to people's stories and diversifying the media we consume is an important action to overcoming the illusion of our separateness. Preserving, reviving culture, sharing ideas and networking with indigenous people globally is the next step in our evolutionary path.

GUESTS - NOELLA ROBINSON AND LAURIE ROBINSON



## **GUEST BIOS**

Laurie Robinson is the founding Chair and Executive Director of the Indigenous Advanced Education and Skills Council. With colleagues, Laurie oversees quality assurance in post-secondary education and training for Indigenous Institutes in Ontario to grant certificates, degrees, and diplomas. She credits her parents for modelling the strength of putting words into action. Laurie has four children and two grandchildren. She is Algonquin and a member of Wolf Lake First Nation.

Noella Robinson is an Algonquin Elder Who lives in Kebowek/Kipawa Quebec, 1944 and attended Residential school in Kenora Ontario from 1955-1959. Noella is Mother to five children Grandmother to nine and great-grandmother to eight. Noella is a respected Knowledge keeper and Elder in her community. Noella believes each and every one of us are responsible for carrying on our traditions and culture in our own way through our own paths. Noella has always encourages youth to educate themselves through listening to the stories from their elders.

## WHERE TO LISTEN:









# EPISODE - FOREVER ON FILM: MOVIES PRESERVING INUIT LANGUAGE AND CULTURE

Filmmaker Lucy Tulugarjuk discusses her career path, after starring in the first Inuktitut film, Atanarjuat. She talks about Indigenous women in film, and shares advice to those aspiring to work in the industry.

#### HOST - TESSA KUNUK



## CREATOR BIO

Tessa Kunuk is a 21 year old Inuk Woman raised in a remote community in the arctic circle. An island with a population of approximately 2,000; Igloolik, Nunavut. She graduated secondary school in 2017 and plans to pursue her education in the future. She's always been around Inuit culture growing up and is still learning their ways. She currently works at a daycare in her community as a childcare worker. One of the reasons she loves her job is because she gets to teach and inspire children to speak fluently in Inuktitut and tell stories and legends in their language. When she's not at work she enjoys taking photographs of landscapes, baking, singing and learning new things about her culture. Some of the things she's been practicing are throat singing and speaking more fluently in her own tongue.

#### GUEST - LUCY TULUGARJUK



## **GUEST BIO**

Lucy Tulugarjuk is an actor, creative performer, and the Executive Director of Nunavut Independent Television Network (NITV). Born in Churchill, MB, and raised in Igloolik and Sanirajak (Hall Beach), Nunavut, Lucy is well-known for her award-winning performances in feature films, including Atanarjuat The Fast Runner. In 2001, she was awarded the Best Actress Award from the American Indian Film Institute, San Francisco. She was the first assistant director on One Day in the Life of Noah Piugattuk (2019). She is the co- writer and director of the feature film, Tia and Piujuq, which premiered at the Carrousel Children's Film Festival and the Boston Kids Film Festival in 2018. In addition to her work in film and television, Lucy is a skilled Inuktitut translator.

#### **Further Episodes:**

3 Generations of Change: Igloolik on the Rise w/ mother Rhoda

A Musical Journey / Interview with Indigenous Music Award Nominee Angela Amarualik

## WHERE TO LISTEN:









## **EPISODE - ONE WITH THE** LAND: SINIXT PERSPECTIVE AND IDENTITY

Arrow Lakes Facilitator for Colville Confederated Tribes, Shelly Boyd, discusses Sinixt identity and worldviews, what it means to live in unity with the land and her thoughts on social, political and environmental justice.

#### HOST - KAYLA TILLAPAUGH



## CREATOR BIO

Kayla is a Métis woman, born and raised on Sylix/Okanagan territory in Kelowna, British Columbia. She now resides in Castlegar, BC - traditional territory of the Sή γαίς ckstx (Sinixt), as well as the outer territories of the Ktunaxa, Secwepemc and Sylix First Nations. Kayla is an Intern Research Assistant at Selkirk College's Applied Research Innovation Centre, and has experience working as an environmental/cultural technician for the Splatsin Indigenous band. She is a proud and dedicated mother, spending most of her free time engulfed in the fine arts, gardening, cooking, or recreating with her family. Kayla is an environmental technologist, and is passionate about traditional stewardship, cultural awakening, sustainable living, conservation, plant-based living, ecological restoration, human-wildlife relationships, and various aspects of societal construct and paradigm shifting.

GUEST - SHELLY BOYD



#### **GUEST BIO**

Shelly Boyd is the Arrow Lakes Cultural Facilitator for Colville Confederated Tribes. Shelly is a Sinixt woman, a Nselxcin language keeper, a cultural knowledge holder, and a public educator. Her work revolves around reversing the Sinixt declaration of extinction in Canada. Shelly grew up on the Colville Reservation with her six siblings, mother, grandmother, grandfather and great grandmother. She holds a Bachelor's degree from Eastern Washington University and a Masters in Education from Conzaga University. Shelly is also a producer of the film "Older than the Crown".

#### **Further Episodes:**

Indigenous and Environmental Work: The New Direction w Kayla Tillipaugh

We Are Not Extinct! w/ Rick and Linda Desautel

Reconnecting the Tribes w/ Derrick Lamere

## WHERE TO LISTEN:









## EPISODE - RISING FROM THE ASHES THROUGH WÂHKÔHTOWIN

Host Michelle Gowan and guest, best-selling author and Metis-Cree scholar, Jesse Thistle discuss Jesse's debut memoir, From the Ashes: My Story of Being Métis, Homeless, and Finding My Way. Moving back and forth between the memoir and Jesse's academic research, our conversation delves into the contributions of Indigenous knowledge in research, the importance of challenging colonial narratives and reconceptualizing history, how to make our academic work impactful, and the incredible power of story the power to learn, the power to teach, and subsequently, the power to create the understanding that is needed to make change and to find our way.

#### HOST - MICHELLE GOWAN



## CREATOR BIO

Michelle Gowan is a non-Indigenous woman with Irish-English-Scottish settler heritage from rural Bruce County, Ontario, on the Saugeen Ojibway Nation Territory. She completed her honours bachelors degree in Anthropology at McMaster University, where she developed a passion for us – human beings; the beauty in our differences, the strength in our sameness, and our ability to connect with one another across time and space through our stories. This passion has led her to her current graduate studies at the University of Saskatchewan, on Treaty Six Territory and the homeland of the Métis, where she is completing her masters degree in Medical Anthropology. Through this research, she has the privilege to learn about self-medication using medicinal plants among Indigenous Q'eqchi' Maya villagers of the Toledo District, Belize. Michelle is dedicated to an everlasting journey of (un)learning, so that she can contribute to cultivating a better world with and for her kin - humans, animals, and plants alike.

GUEST - JESSE THISTLE



## **GUEST BIO**

Jesse Thistle is Métis-Cree and an Assistant Professor at York University in Toronto. He is a PhD candidate in the History program at York where he is working on theories of inter-generational and historic trauma of the Métis people. Jesse has won the P.E. Trudeau and Vanier doctoral scholarships, and he is a governor general medalist. Jesse is the author of the Definition of Indigenous Homelessness in Canada published through the Canadian Observatory on Homelessness, and his historical research has been published in numerous academic journals, book chapters, and featured on CBC Ideas, CBC Campus, and Unreserved. His memoir, From the Ashes, is a #1 national bestseller, an Indigo Best Book of 2019 and now a CBC Canada Reads finalist! You can follow him on Twitter at @michifman.

#### **Further Episodes:**

Plains Archaeology: Reconnecting through Research w/ Honey Constant

A Fight for the Right to Cure: Maya Healers on a Mission w/ Dr. James B. Waldram and Pedro Makin

Attitude of Gratitude w/ Michelle Gowan

## WHERE TO LISTEN:









# EPISODE - THE NOISE OF THE HEARTBEAT: MI'KMAQ SONGS AND CULTURE REVITALIZED

In this podcast, host Julianna Peter-Paul speaks with Mi'kmaq musician and Elder George Paul about his musical journey, his work in cultural revitalization and a creation story of his people.

HOST - JULIANNA PETER-PAUL



#### CREATOR BIOS

Julianna Peter-Paul grew up in Metepenagiag First Nation, she is currently studying Communications and Public Policy at St Thomas University in Fredericton, New Brunswick. Julianna has completed multiple diplomas in technology that specialize in Cybersecurity and Mobile application development. She has become more in tune with her culture, she remains passionate to advocate for Indigenous voices to be heard. Regardless of the type of stories to be shared, Julianna hopes to inspire more youth to tap into their creativity and share stories and teachings of Indigenous peoples.

FEATURING - GEORGE PAUL



## **GUEST BIO**

George Paul is from Metepenagiag First Nation, he is a singer, dancer, MC, and knowledge keeper. George's most famous song is the Mikmaq honour song, which was inspired to restore honour and respect back into the Mikmaq people. George has always remained dedicated to sharing knowledge of the Mikmaq people, through chants, songs, MC Pow Wows, or books. A talent storyteller, George Paul has been able to spread the stories of the First People from nation to nation.

#### **Further Episodes:**

Sharing culture through Cinema - Conversation w/ Mi'kmaq filmmaker Gop Bartibogue

Adventures on the Pow-wow Trail - A Conversation with Tee Cloud

## WHERE TO LISTEN:









## EPISODE - THE LONG ROAD TO REPRESENTATION: **CULTURE SHIFTS IN FILM**

What is it like to not see your own stories represented in the film and television you watched growing up? Host Dave Beverly-Foster speaks with Jennifer Podemski, renowned actor, director, and producer. Jennifer shares how her success as an actor in films such as 'Dance Me Outside', and lack of Indigenous representation both in front of the camera and behind drove her to create the first Indigenous-owned production company in Canada.

This podcast explores what she has seen change in her long, illustrious career; and what, much to her disappointment, hasn't changed--the racism, sexism, and ageism present in the film industry, and all of society.

#### HOST - DAVE **BEVERLY-FOSTER**



## CREATOR BIO

David Beverly-Foster was born and raised on Saugeen Ojibway Nation territory, in rural Grey County, Ontario, where he continues to live. Author of Walking Home: From the Grand to the Saugeen Watershed, a travel book detailing his walk from the University of Waterloo to his family's farm, Dave has often considered what it means to be a settler on indigenous land. His experiences making connections with Indigenous people while studying the environment in university, and since, have compelled him to do his part to work towards healing the nation-to-nation relationships of the place he calls home.Dave is also a musician, farm/food worker, and organizer. Most recently, he has entered the podcast world through the Indigenous 150+ Youth Ambassador program, and hopes to use that platform to create space for Indigenous people and their voices, to foster understanding between Indigenous and non-Indigenous peoples, and to learn from his Indigenous neighbours.

**GUEST - JENNIFER** PODEMSKI



## **GUEST BIO**

Jennifer Podemski is an award-winning Film and Television Producer and Actor born and raised in Toronto, Canada. Of mixed Anishinaabe (First Nation) and Ashkenazi (Jewish) descent, Jennifer has performed throughout her life. At 19 she starred in 'Dance Me Outside'. By 25, with numerous credits and awards, she grew frustrated by the lack of Indigenous representation behind the camera. She co-launched Big Soul Productions, before creating her own Redcloud Studios Inc. Jennifer is most proud of starring in her own film 'Empire of Dirt', which was nominated for 5 Canadian Screen Awards in 2015--including Best Film and Best Supporting Actress for her own role. She most recently won the Best Director - Factual 2019 Canadian Screen Award for 'Future History', a documentary series about harnessing Indigenous knowledge...

#### **Further Episodes:**

Nibi Biimaadiiziiwin - Water Is Life w/ Shirley John

Kiinoo Mudwin w/ Glenn Trivett

Creator's profile w/ Dave Beverly Foster

## WHERE TO LISTEN:







## CELEBRATING INDIGENOUS VOICES



WWW.INDIGENOUS150PLUS.COM/PODCASTS

## PRESS CONTACT:

Kim Wheeler Publicist kimage.wheeler@gmail.com 204-390-3097



@Indigenous150PLUS



@INDG150Plus



@indigenous150plus









